

Readings for the Days of the Omer Count

Day	Weeks	Days	Tehillym (Psalms)	Mishle (Proverbs)	Avoth (Fathers)
1 st		1	1-3	1:1-19	1:1-2
2 nd		2	4-6	1:20-33	1:3-5
3 rd		3	7-8	2:1-22	1:6-7
4 th		4	9-10	3:1-35	1:8-10
5 th		5	11-14	4:1-27	1:11
6 th		6	15-17	5:1-23	1:12-15
7 th	1		18	6:1-35	1:16-18
8 th	1	1	19-21	7:1-27	2:1
9 th	1	2	22-24	8:1-36	2:2-4
10 th	1	3	25-27	9:1-18	2:5-8
11 th	1	4	28-31	10:1-17	2:9
12 th	1	5	32-34	10:18-32	2:10-12
13 th	1	6	35-36	11:1-15	2:13-14
14 th	2		37	11:16-31	2:15-17
15 th	2	1	38-39	12:1-14	2:18-19
16 th	2	2	40-42	12:15-28	2:20-21
17 th	2	3	43-46	13:1-12	3:1-2
18 th	2	4	47-48	13:13-25	3:3-5
19 th	2	5	49-50	14:1-17	3:6-7
20 th	2	6	51-54	14:18-35	3:8-10
21 st	3		55-58	15:1-17	3:11-13
22 nd	3	1	59-62	15:18-33	3:14-15
23 rd	3	2	63-66	16:1-16	3:16
24 th	3	3	67-68	16:17-33	3:17-20
25 th	3	4	69-71	17:1-14	3:21-22
26 th	3	5	72-73	17:15-28	3:23
27 th	3	6	74-75	18:1-12	4:1-3
28 th	4		76-77	18:13-24	4:4-6
29 th	4	1	78	19:1-14	4:7-8
30 th	4	2	79-82	19:15-29	4:9-10
31 st	4	3	83-85	20:1-15	4:11-12
32 nd	4	4	86-88	20:16-30	4:13-15
33 rd	4	5	89	21:1-15	4:16-17
34 th	4	6	90-93	21:16-31	4:18-20
35 th	5		94-97	22:1-14	4:21-22
36 th	5	1	98-102	22:15-29	4:23-25
37 th	5	2	103-104	23:1-18	4:26-27
38 th	5	3	105	23:19-35	4:28-29
39 th	5	4	106	24:1-18	5:1-4
40 th	5	5	107-108	24:19-34	5:5-9
41 st	5	6	109-111	25:1-14	5:10-11
42 nd	6		112-115	25:15-28	5:12-18
43 rd	6	1	116-118	26:1-16	5:19-22
44 th	6	2	119	26:17-28	5:23-26
45 th	6	3	120-134	27:1-27	6:1-3
46 th	6	4	135-137	28:1-28	6:4-6
47 th	6	5	138-141	29:1-27	6:7-8
48 th	6	6	142-145	30:1-33	6:9-10
49 th	7		146-150	31:1-31	6:11

Behold, I am about to fulfill the affirmative precept of the counting of the Omer, as it is written in the Torah, “And ye shall count unto you from the morrow after the Shabbath, from the day that ye brought the Omer of the wave-offering, seven complete weeks they shall be; until the morrow of the seventh Shabbath shall ye number fifty days.” Blessed art Thou YHWH, our Elohim, King of the universe, who hast set us apart by Thy commandments and hast given us command concerning the counting of the Omer.

This is the ___ day, making ___ week(s) and ___ day(s) of the Omer.

May the All Merciful restore the service of the Temple to its place. May it be Thy will, YHWH our Elohim and Elohim of our fathers, that the Temple be speedily rebuilt in our days, and grant our portion in Thy Torah. And there we will serve Thee with awe, as in the days of old and as in ancient years.

May Elohim be favorable unto us and bless us. That Thy way may be known upon the earth, Thy salvation among all nations. Let the peoples give thanks unto Thee, Elohim; let all the peoples give thanks unto Thee. Let the nations rejoice and exult: for Thou wilt judge the peoples with equity and lead the nations upon the earth. Let the peoples give thanks unto Thee, Elohim; let all the peoples give thanks unto Thee. The earth hath yielded her increase: Elohim, even our Elohim, shall bless us. Elohim shall bless us; and all the ends of the earth shall fear Him.

It is a tradition to also read through the Tehillym (Psalms), Mishle (Proverbs), and Perkey Avoth (Ethics of the Fathers) during the count of the Omer. If you do not have a Siddur (Hebrew prayerbook), you may request a copy of SKF's translation of the Perkey Avoth.